

Aliza B. Ben-Zacharia, DNP-BC, CRRN, MSN, ANP, FAAN



Aliza B. Ben-Zacharia, DNP-BC, CRRN, MSN, ANP, is a dual board-certified, acute care nurse practitioner (NP) by ANCC and adult NP by the Academy of NPs. She is experienced in acute care, neurology and rehabilitation.

Dr. Ben-Zacharia is a full-time faculty and an assistant professor

at Hunter College, Bellevue School of Nursing. She is the Co-Director of the Evidence-based Practice and Quality Improvement Fellowship at the Phillips School of Nursing at Mount Sinai Medical Center.

Dr. Ben-Zacharia is a multiple sclerosis (MS) expert and a researcher. Her main research interests are related to MS disease therapies and symptoms management focusing on palliative care, BMI, and other environmental targets.

She is a certified MS nurse, and Past-President of the International Organization of Multiple Sclerosis Nurses (IOMSN). She is on the advisory board of MS Perspectives, a quarterly magazine for patients with MS and their families. Dr. Aliza Ben-Zacharia has won multiple awards for her excellence in rehabilitation and neurology/MS from Mount Sinai Hospital. She has received recognition for her educational role by the Hall of Fame, the National MS Society, as well as a research award from the IOMSN in 2015, and a clinical excellence award in 2017 and 2019 from the Cullman Institute/Icahn School of Medicine.

A skilled educator and prolific author, Dr. Ben-Zacharia has developed multiple educational programs for patients and professionals, and has published articles and chapters about MS, disease-modifying agents, MS genetics, DMAs, symptom management, and palliative care.